



SHARYLAND ISD ATHLETICS



Sharyland ISD Athletics aims to provide athletes with a foundation of motor and manipulative skills, an understanding of the importance of teamwork, commitment, dedication, and the opportunity to further develop effective personal and social skills. Our goal is to promote a positive learning environment that meets the needs and enriches the abilities of athletes.

Everything you do as a Sharyland ISD athlete reflects the program. As an athlete you understand that you are playing for the team on the front of your jersey. Having pride means more than just wearing school colors, it means commitment to the program and carrying on school traditions.

An athlete always demonstrates good character traits such as integrity, honesty, loyalty, and courage. Character matters most when someone is not looking and we at Sharyland ISD are committed to the development of such traits.

Every athlete should have the opportunity to participate in Sharyland ISD Athletics. Athletics is a privilege and although it is encouraged to participate, playing time will be earned through hard work and determination. Winning is not the first goal, but to realize that by improving the skill and knowledge of the game, winning will be the end result.

This Athlete's Manual is a guideline to help achieve our goals for the season. Remember that your attitude, desire, commitment, and teamwork are going to make a difference this year. By following the rules and guidelines set in this manual, this season can be enjoyable and successful for everyone.




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Attitude/ Behavior

Good sportsmanship is an essential quality that all athletes need to possess and practice. Poor sportsmanship and bad behavior will not be tolerated and will be addressed by the coaching staff.


Guidelines for appropriate attitude and behavior include:

1. No cursing, swearing, or inappropriate language in the locker room and on the field of play
2. Must respect fellow teammates, coaches, athletic trainers, administrators
3. No horse playing
4. No cell phone usage in locker rooms/ restrooms
5. Will abide by the SISD Extracurricular Code of Conduct
 - a.  2023-24 Extracurricular Code of Conduct.pdf

Violations of statements 1-5 will be handled in the following manner:

1. Verbal Warning with improvement group (IG)
2. In Season athletes: Game suspension upon coaches discretion, (IG), parent conference or phone call to be placed on behavioral contract.
 - a. Off season athletes: (IG), parent conference to be placed on behavioral contract.
3. Possible removal from program

Violations of the Extracurricular Code of Conduct will be handled through the guidelines below.

-  2023-24 Extracurricular Code of Conduct.pdf



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It is a goal of our school to have an excellent community, school and athletic program of which we can be proud of. Consequently, violation of the school rules is not acceptable. The following actions will be taken when the athlete receives any of the following:

Detentions or Referrals per semester:

1st Referral/ Detention- Warning and conference with coach.

2nd Referral/ Detention- Game suspension upon coaches discretion. Athletes will be placed on a behavioral contract.

3rd Referral/ Detention- Conference with athlete/ parents/coach/ principal for possible removal from athletics or team.

In-School/ Out of School Suspension per semester:

1st suspension- No practice or games during suspension. Conference with athletes.

2nd suspension- No practice or no games during suspension. Athletes will be placed on a behavioral contract.

3rd suspension- Conference with athlete/ parents/coach/ principal for possible removal from athletics or team. (Refer to SISD Extracurricular on Skyward.)

Attendance

Attendance is mandatory at all practices, meets, and games. Attendance will be taken on a daily basis at ALL practices, games, and meets. Athletes are expected to be in proper apparel and ready to go at the stated practice times. If there are changes to the practice schedule, the coaching staff will inform all athletes in advance.



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Athletes are expected to show up to practice on time. In the event that an athlete is late or absent, a written note must be provided from either a teacher, parent, doctor, or other responsible adult. Written excuses must include the following:

1. The date of the practice
2. Reason you are late or missing
3. Signature of teacher, parent, employer, doctor, or legal guardian

The coaching staff understands that situations may arise that prevent athletes from attending practices or meets. In those events, the coaching staff appreciates as much advance notice as possible so that they can make adjustments to team rosters as needed.

Attendance will be kept for ALL practices and meets. All absences and tardies will be kept on file.

Examples of unexcused absences are:

1. Travel/ Club team practice or game
2. No show/ No communication
3. No doctor's or parent note

Consequences of missed practice are as followed:

1. One unexcused absence= miss half a game, conference with student
2. Two unexcused absences= Sit out full game, parent conference
3. Three unexcused absences= Possible suspension from team.

If you are unsure whether an absence will be considered as excused, check with the coaching staff. Remember we as coaches put our time into the program and we expect the same from you as an athlete. Communication is the key in making this possible.



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Grade

Students must be passing all classes in order to participate in any UIL athletic event. If the athlete fails any class, they will be ineligible for three weeks. During this period, the athlete will practice but can only regain eligibility by passing either the progress report or report card. Being a student athlete is a privilege. If you cannot get the job done in the classroom, you will not get the job done on the court/field.

Athletic Grade

1. 40 points dressing out
2. 60 points for participation

Refer to the UIL Side-by-Side for more information regarding NO PASS NO PLAY

<https://www.uiltexas.org/policy/tea-uil-side-by-side/academic-requirements>

Dress Code

Students are and will be representing Sharyland ISD at ALL events, home or away. Athletes will be expected to maintain and exhibit a well groomed appearance at all times.

- Athletic apparel: Each athlete is required to wear school issued attire to athletics.

Athletes will be required to dress out if injured.

- Repercussion for not wearing athletic clothing are as followed:
 - 1st offense- warning, points deducted from grade, improved growth (IG)
 - 2nd offense- IG, points deducted, & parent conference
 - 3rd offense- IG, points deducted & referral
 - 4th offense- Possible removal from class
- Lost practice items will be \$10 each item.



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- Game day apparel: Attire passed out must be worn appropriately. It is the student's responsibility to take care of items distributed.
 - Athletes will not receive extra attire if forgotten at home.
 - Lost game issued attire will be charged depending on the price of the item.

Participation

Factors that the coaching staff will consider when adjusting participation are as follows.

1. Grades and Scholastic performance: Students must be passing all classes in order to participate in any U.I.L athletic event.
2. Attendance and performance at practice
3. Athletic ability
4. Attitude and sportsmanship
5. Interaction with the team and coaching staff

Conduct Expectations

Athletes will not be allowed to quit one activity during the active season in order to participate in another activity unless both sponsors are in agreement. Final decisions will be approved by the appropriate administrations/directors.

Lockers and Equipment

Lockers will be assigned to all athletes and they are required to use them. Coaches are not responsible for picking up items left out and unattended. Coaches are NOT responsible for items that are lost due to being left out or unattended. Students are responsible for all equipment issued to them. Equipment must be kept in their locker.



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Busing

Practice: The district provides transportation for athletes after practice. If the athlete needs a ride home or does not get picked up on time, bus transportation will be provided at 5:45pm. **School IDs are needed to board the bus.**

Games: Sharyland ISD will provide suitable transportation in authorized school vehicles for all athletes, support personnel, and coaches to all away events.

Travel guidelines are listed:

1. The head coach, in conjunction with the bus driver, will assume responsibility for conduct and discipline on the bus.
2. Athletes that miss the bus and then travel to the game using their own transportation will NOT be permitted to participate in their sporting event. Prearranged transportation plans will be considered or will be an exception.
3. Food and drinks will only be allowed on the bus after the bus driver gives permission
 - If trash is a problem, food and drinks will NOT be permitted on bus trips.
4. All athletes are representatives of Sharyland ISD and are expected to conduct themselves in an appropriate manner.
 - a. Remain seated during the duration of the trip
 - b. Use appropriate language
 - c. Cell phone use only to contact parents.
 - i.  2023-24 Extracurricular Code of Conduct.pdf
5. Athletes must ride on the bus to and from sporting events. In the case that an athlete needs to go home after an event, a legal guardian must fill out the appropriate paperwork with the coach.



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PLEASE , FILL THIS PORTION, AND RETURN IT TO THE COACH!

I, _____, the parent of
_____, an athlete of Sharyland ISD, has
received a copy of the code of conduct and Team Rules from the coach. We both have read over
and reviewed the code of conduct and Team Rules. Both my child and I understand and agree to
the rules set forth and understand that it is important to follow ALL rules and procedures stated
in the code of conduct. We also acknowledge the fact that it is the coach's responsibility to
implement ALL rules and procedures stated in the code of conduct and team rules. We also
understand that it is important as a parent and athlete to promote and follow ALL the rules and
procedures stated in the code of conduct and team rules.

X _____ (PARENT'S SIGNATURE)

X _____ (ATHLETE'S SIGNATURE)

Date: _____